

Research Forum

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Active Kids, Active Minds: A Research Story

Professor Doune Macdonald, The University of Queensland
 Tuesday 22 June 2010, 2.00pm – 4.00pm
 Conference Room, Level 12, Education House
 30 Mary Street, Brisbane

This forum will present findings of an 18 month project, **Active Kids, Active Minds** (AKAM), addressing the implementation and impact of the Department of Education and Training's *Smart Moves* policy. The *Smart Moves* policy aims at ensuring minimal amounts of daily moderate-vigorous physical activity during curriculum time and improving the capacity of schools to lead physical activity opportunities for students.

AKAM has had two phases: the first phase consisted of work with Year 5 classes at a south-east Queensland primary school to ascertain the relationship between an enhanced physical activity program and student learning and behaviours; and the second phase examined how this school managed its *Smart Moves* implementation.

This presentation will overview the findings from phases one and two alongside reflections on the impact of the research on the school and implications for the future of *Smart Moves* as a mandatory policy.

Following Professor Macdonald's presentation, attendees will have an opportunity to raise any comments or questions.

Professor Doune Macdonald is a professor and Head of the School of Human Movement Studies at The University of Queensland (UQ). Her research interests and work have addressed the challenges of curriculum reform and its impact upon teachers and teaching, and more recently questions of physical activity and young people. Professor Macdonald serves on the editorial boards of Sport, Education and Society and Physical Education and Sport Pedagogy, and is Vice-President of the international organisation AIESEP.

Please RSVP your attendance by Thursday 17 June to rebecca.libke@deta.qld.gov.au

Refreshments will be available during the event.