



Smart Choices Checklist

This checklist is provided to assist schools, their Principals, Parents and Citizens' Associations and Smart Choices Committee to establish at a glance whether the school complies with Smart Choices, the *Healthy Food and Drink Supply Strategy for Queensland Schools*.

Healthy eating practices should be actively supported across the whole school environment. As Smart Choices outlines, foods and drinks have been classified into three categories according to their nutritional value: GREEN, AMBER and RED. GREEN foods and drinks should be encouraged and promoted, AMBER foods and drinks should be selected carefully and **RED foods and drinks should be limited in their supply across the whole school environment to no more than two occasions per term.**

School tuckshop

- All foods and drinks supplied at the school tuckshop are from the GREEN or AMBER categories.

OR

- The tuckshop supplied RED foods or drinks on the following occasions:

Reason for supply of RED food/drink

Term

Vending machines

- All vending machines which are accessible to students advertise only foods and drinks from the GREEN or AMBER categories.
- All vending machines which are accessible to students stock only foods and drinks from the GREEN or AMBER categories.

School excursions

- All foods and drinks supplied on school excursions are from the GREEN or AMBER categories.

OR

- The school supplied RED foods or drinks on the following excursions:

Name of excursion

Term

School camps

- At all school camps the majority of foods and drinks supplied by the school to students are from the GREEN or AMBER categories.

Fundraising events focused on students

- All foods and drinks used in fundraising events where students are directly engaged in the activity and/or the main target for the activity are from the GREEN or AMBER categories.

OR

- The school used RED foods or drinks in the following fundraising events focused on students:

Name of fundraising event

Term

Rewards for students

- No RED foods or drinks or vouchers for RED foods or drinks are supplied to students by school staff as rewards. This includes confectionary items such as chocolate.

- All foods and drinks supplied by the school to students at class parties are from the GREEN or AMBER categories.

School events focused on students including fetes, dances and musicals

- Only foods and drinks from the GREEN or AMBER categories were supplied or offered for sale at all school events focused on students.

OR

- At the following school events focused on students, foods and drinks from the RED category were supplied or offered for sale.

Name of event

Term

Curriculum activities

- The majority of foods and drinks used in curriculum activities are from the GREEN or AMBER categories.
- RED foods and drinks used in curriculum activities fit the context of the activity.
- All foods and drinks prepared by students which are then supplied or sold to other students are from the GREEN or AMBER categories.
- The school supplied or sold to students RED foods or drinks prepared by other students on the following occasions:

Name of event

Term

Sporting events and clubs

- All foods and drinks supplied or offered for sale at school sporting events are from the GREEN or AMBER categories.

OR

- The school supplied or offered for sale RED foods or drinks at the following school sporting events:

Name of sporting event

Term

- All foods and drinks supplied or offered for sale at school sporting clubs are from the GREEN or AMBER categories.

OR

- The school supplied or offered for sale RED foods or drinks at the following school sporting club:

Name of sporting club

Term

Breakfast clubs

- All foods and drinks supplied during breakfast programs are from the GREEN or AMBER categories.

Sponsorship and Advertising

- All sponsorship arrangements and advertising involving foods and drinks are for products from the GREEN or AMBER categories.
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