

Curriculum activity risk assessment

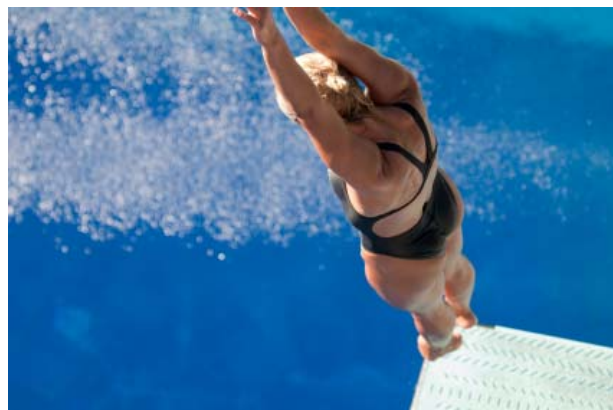
Diving

clever • skilled • creative

Activity scope

This document relates to student participation in platform and springboard diving as a curriculum activity.

Activities involving Diving from pool edge and starting platforms are subject to different risk management considerations, refer to [Swim: Learn to Swim and Water Safety](#), [Swim: Instruction and Activities](#) and [Swim: Training](#) guidelines.



Risk level

This document is a guideline only, the actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:

- Which students will be involved?
- Where will the students be?
- What will the students be doing?
- Who will be leading the activity?
- What will the students be using?

Inherent risk level		Action required/approval
<input type="checkbox"/>	High Likely chance of a serious incident and injury requiring medical treatment	<input checked="" type="checkbox"/> A <i>Curriculum Activity Risk Assessment</i> is required to be completed. <input checked="" type="checkbox"/> Principal or head of program (e.g. DP, HOD, HOSES) approval prior to conducting this activity is required. <input checked="" type="checkbox"/> Once approved, activity details are to be entered into the <i>School Curriculum Activity Register</i> . <input checked="" type="checkbox"/> Obtaining parental permission is recommended.

Teachers/leaders:

Activity description:

Start date:

Finish date:

No. of students (approx):

Class groups:

Supervision ratio (approx):



Queensland Government

Uncontrolled copy. Refer to *HLS-PR-012: Managing Risks in School Curriculum Activities* at <http://education.qld.gov.au/strategic/eppr/health/hlspr012/> for master.

Date Modified: 9 January 2013
 Due for Review: 13 December 2012
 Springboard diver, File #:14781478
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Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision

Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity. If an adult other than a registered teacher is engaged for instruction, a teacher should be present to take overall responsibility. [Blue Card](#) requirements **must** be adhered to. The teacher or leader should stay at the poolside in a position to maintain sight of the entire class at all times.

- Registered teacher with minimum qualifications as outlined below
OR
 An adult with minimum qualifications as outlined below, in the presence of a registered teacher.

Further information:

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel

Blue Card requirements met

For the adult taking overall responsibility for diving activities:

Bronze Medallion or equivalent (e.g. Pool Lifeguard)

OR

A statement of attainment from a registered training organisation or governing sporting body covering the following unit of competency

- SISCAQU202A Perform basic water rescue or equivalent

OR

Competence (demonstrated ability) to recognise, prevent and respond to emergency in, on and around the swimming pool.

A teacher could demonstrate competency through all of the following:

current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or immediate access to first aid facilities, including qualified personnel

identify a rescue plan and appropriate rescue aids

identify a person in difficulty

demonstrated capacity to undertake a non-swimming and swimming rescue exercise at the facility or comparable aquatic environment (e.g. rope throw rescue, swim to the centre of the pool and retrieve a weighted object from the deepest part of the pool).

Competency is assessed annually and considers the aquatic environment that the activity is taking place in to ensure currency and relevancy.

In circumstances where one person holds both the Bronze Medallion and CPR qualifications and is involved in an emergency situation, another adult present will be required to ensure students exit the water safely and manage effective supervision of students.

For the adult leading the activity:

For a registered teacher:

Level One coaching qualifications from [Diving Australia](#)

OR

Competence (demonstrated ability/experience to undertake the activity) in the specialist area of teaching Diving.

A teacher could demonstrate a reasonable level of competence by two or more of the following:

knowledge of the activity and the associated hazards and risks

experience (i.e. previous involvement) in undertaking the activity

demonstrated ability and/or expertise to undertake the activity

possession of qualifications related to the activity.

For a leader other than a registered teacher:

Level One coaching qualifications from Diving Australia.

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

Further information:

Minimum equipment/facilities <i>If 'No' is ticked, provide further information.</i>	Yes	No
First aid kit suitable for activity	<input type="checkbox"/>	<input type="checkbox"/>
Communication system: <input type="checkbox"/> phone-line at location <input type="checkbox"/> mobile phone <input type="checkbox"/> walkie talkies/UHF radio <input type="checkbox"/> student/adult messenger Other:		
Sun safety equipment (hat, sunscreen, shirt, etc) if the activity uses outdoor pools	<input type="checkbox"/>	<input type="checkbox"/>
Drinking water (students should not share drinking containers)	<input type="checkbox"/>	<input type="checkbox"/>
Whistle	<input type="checkbox"/>	<input type="checkbox"/>
Swimming complex with diving facilities incorporated or a separate diving pool which satisfies FINA Dimensions for Diving Facilities requirements.	<input type="checkbox"/>	<input type="checkbox"/>
Further information:		

Governing bodies/associations <i>If 'No' is ticked, provide further information.</i>	Yes	No
Guidelines/codes of practice are established for this activity. See Diving Australia, FINA Diving Rules. Have these been considered during the planning of this activity?	<input type="checkbox"/>	<input type="checkbox"/>
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
Biological material <ul style="list-style-type: none"> • Body fluids (e.g. blood, saliva, sweat) 	<ul style="list-style-type: none"> • Adhere to HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions and Infection Control Guideline. Students with open cuts and abrasions, rashes or boils, or any contagious condition, are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious. 	<input type="checkbox"/>	<input type="checkbox"/>	
Heights/falling objects <ul style="list-style-type: none"> • Jumping/diving 	<ul style="list-style-type: none"> • Provide instruction in appropriate diving techniques. • Inform students of rules and safety procedures. • Adhere to FINA Diving Rules • Ensure pool is safe and free from potential physical and health hazards. • Check depth of water, and ensure compliance with FINA Dimensions for Diving Facilities. • Correctly adjust fulcrum before use. • Ensure that there is only one person on the board at a time. • Ensure that no-one moves across the diver's line of vision during back take-off dives. • Emphasise to students that cross swimming under the diving board is forbidden. 	<input type="checkbox"/>	<input type="checkbox"/>	

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
	<ul style="list-style-type: none"> • Note that any distractions (visible or audible) to the diver when dives are being attempted should be prevented. • Assess weather conditions before and during the activity (e.g. temperature, storms) when using outdoor pools. 	<input type="checkbox"/>	<input type="checkbox"/>	
Physical exertion <ul style="list-style-type: none"> • Strains, sprains • Fatigue and exhaustion 	<ul style="list-style-type: none"> • Have appropriate warm-up and warm-down activities. • Follow progressive and sequential skills development. • Have ice packs available. • Continually monitor students for fatigue and exhaustion. 	<input type="checkbox"/>	<input type="checkbox"/>	
Students <ul style="list-style-type: none"> • Special needs • High risk behaviours • Medical conditions • Student numbers 	<ul style="list-style-type: none"> • Obtain parental permission, including relevant medical information. • When students with medical conditions are involved, ensure that relevant medical/emergency plans and medications are readily available (insulin, Ventolin®, EpiPen®, etc). • Refer to Individual education plan/Educational adjustment plan/Behaviour management plan and other student documents. • Ensure students have reached a level of swimming competency appropriate to the demands of the activity at the selected location. • Where necessary, obtain advice from relevant advisory visiting teachers or specialist teachers. • Ensure there is adequate adult supervision. • Jewellery can be a serious hazard when undertaking many activities. All forms of jewellery should be considered in terms of the risk it presents for each activity. Procedures should be put in place to ban, dissuade or protect (e.g. tape) the wearing of jewellery accordingly. 	<input type="checkbox"/>	<input type="checkbox"/>	

Submitted by:	Date:
List the names of those who were involved in the preparation of this risk assessment.	

Approval	
<input type="checkbox"/>	Approved as submitted:
<input type="checkbox"/>	Approved with the following condition(s):
<input type="checkbox"/>	Not approved for the following reason(s):
By:	Designation:
Signed:	Date:
Once approved, activity details should be entered into the <i>School Curriculum Activity Register</i> by administrative staff.	Reference no.

Monitor and review <i>To be completed during and/or after the activity and/or at the completion of the series of activities.</i>	Yes	No
Are the control measures still effective?	<input type="checkbox"/>	<input type="checkbox"/>
Have there been any changes?	<input type="checkbox"/>	<input type="checkbox"/>
Are further actions required?	<input type="checkbox"/>	<input type="checkbox"/>
Details:		

Important links

- HLS-PR-003: First Aid
<http://education.qld.gov.au/strategic/epr/health/hlspr003/>
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions
<http://education.qld.gov.au/strategic/epr/health/hlspr004/>
- Infection Control Guideline
http://education.qld.gov.au/health/pdfs/healthsafety/infection_control_guideline.pdf
- HLS-PR-005: Health and Safety incident reporting and notification
<http://education.qld.gov.au/strategic/epr/health/hlspr005/>
- HLS-PR-013: Developing a Sun Safety Strategy
<http://education.qld.gov.au/strategic/epr/health/hlspr013/>
- HRM-PR-010: Working with Children Check – Blue Cards
<http://education.qld.gov.au/strategic/epr/hr/hrmpr010/>
- SCM-PR-002: School Excursions
<http://education.qld.gov.au/strategic/epr/schools/scmpr002/>
- Diving Australia
<http://www.diving.asn.au/>
- Diving Queensland
<http://www.divingqld.org.au/>
- FINA
<http://www.fina.org>
- FINA Dimensions for Diving Facilities
http://www.fina.org/H2O/index.php?option=com_content&view=section&id=17&Itemid=184
- Royal Lifesaving Depth Guidelines
<https://assets.clubsonline.com.au/assets/console/customitem/attachments/SALPoolDepthGuidelines.pdf>

Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to [HLS-PR-012: Managing Risks in School Curriculum Activities](#) and the associated list of [Curriculum Activity Risk Management Guidelines](#).

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.