

Curriculum activity risk assessment

Water Polo

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Activity scope

This document relates to student participation in the teaching of Water Polo and in team training and competition matches conducted by schools as a curriculum activity.

Risk level

This document is a guideline, the actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:



- Which students will be involved?
- Where will the students be?
- What will the students be doing?
- Who will be leading the activity?
- What will the students be using?

Inherent risk level		Action required/approval
<input type="checkbox"/>	High	Likely chance of a serious incident and injury requiring medical treatment
		<input checked="" type="checkbox"/> A Curriculum Activity Risk Assessment is required to be completed. <input checked="" type="checkbox"/> Principal or head of program (e.g. DP, HOD, HOSES) approval prior to conducting this activity is required. <input checked="" type="checkbox"/> Once approved, activity details are to be entered into the <i>School Curriculum Activity Register</i> . <input checked="" type="checkbox"/> Obtaining parental permission is recommended.

Teachers/leaders:

Activity description:

Start date:

Finish date:

No. of students (approx):

Class groups:

Supervision ratio (approx):



Queensland Government

Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision

Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity. If an adult other than a registered teacher is engaged for instruction, a teacher should be present to take overall responsibility. [Blue Card](#) requirements **must** be adhered to.

- Registered teacher with minimum qualifications as outlined below
- OR**
- An adult with minimum qualifications as outlined below, in the presence of a registered teacher.

Further information:

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

- Blue Card requirements met

For the adult taking overall responsibility for water safety:

- [Bronze Medallion](#) or equivalent (e.g. Pool Lifeguard)
- OR**
- A statement of attainment from a registered training organisation or governing sporting body covering the following unit of competency
- SISCAQU202A Perform basic water rescue or equivalent
- OR**
- Competence (demonstrated ability) to recognise, prevent and respond to emergency in, on and around the swimming pool.
- A teacher could demonstrate competency through all of the following:
- current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or immediate access to first aid facilities, including qualified personnel
 - identify a rescue plan and appropriate rescue aids
 - identify a person in difficulty
 - demonstrated capacity to undertake a non-swimming and swimming rescue exercise at the facility or comparable aquatic environment (e.g. rope throw rescue, swim to the centre of the pool and retrieve a weighted object from the deepest part of the pool).

Competency is assessed annually and considers the aquatic environment that the activity is taking place in to ensure currency and relevancy

For the adult leading the activity:

- Level One Water Polo coaching course from [Get Active Queensland](#) or [Water Polo Queensland](#) or [equivalent](#)
- OR**
- Level One refereeing qualification from [Australian Water Polo Inc.](#)

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

Further information:

Minimum equipment/facilities <i>If 'No is ticked', provide further information.</i>	Yes	No
First aid kit suitable for activity	<input type="checkbox"/>	<input type="checkbox"/>
Communication system: <input type="checkbox"/> phone-line at location <input type="checkbox"/> mobile phone <input type="checkbox"/> walkie talkies/UHF radio <input type="checkbox"/> student/adult messenger Other:		
Sun safety equipment (hat, sunscreen, shirt, etc)	<input type="checkbox"/>	<input type="checkbox"/>
Drinking water (students should not share drinking containers)	<input type="checkbox"/>	<input type="checkbox"/>
Flotation and reaching aids: reaching aids may include light-weight poles, noodles or ropes with a float attached	<input type="checkbox"/>	<input type="checkbox"/>
Goals should be constructed of safe materials which meet the standards specified in the official FINA water polo rules .	<input type="checkbox"/>	<input type="checkbox"/>
Further information:		

Governing bodies/associations <i>If 'No is ticked', provide further information.</i>	Yes	No
Guidelines/codes of practice are established for this activity. See Water Polo Queensland, Australian Water Polo. Have these been considered during the planning of this activity?	<input type="checkbox"/>	<input type="checkbox"/>
If you are organising competitions or other events, have you referred to Queensland School Sport Unit ?	<input type="checkbox"/>	<input type="checkbox"/>
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
Biological material <ul style="list-style-type: none"> • Body fluids (e.g. blood, saliva, sweat) 	<ul style="list-style-type: none"> • Comply with HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions and Infection Control Guideline. Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious. • Have sufficient and suitable containment material (bandages, etc) readily available. 	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	

Uncontrolled copy. Refer to *HLS-PR-012: Managing Risks in School Curriculum Activities* at <http://education.qld.gov.au/strategic/eppr/health/hlspr012/> for master.

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
Environmental conditions <ul style="list-style-type: none"> • Weather • Surfaces • Surrounds 	<ul style="list-style-type: none"> • Check pool for debris and foreign objects before and during game or lesson. • Check equipment for damage before lesson. • Equipment should be stored away from chemical stores and plant rooms. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Physical contact <ul style="list-style-type: none"> • Body contact 	<ul style="list-style-type: none"> • Ensure that no jewellery is worn. • Ensure that fingernails are cut or taped. • Rules which restrict physical contact and rough play should be enforced. • Adhere to rules of modified ‘Flippa Ball’ where required or necessary. • Note that mouthguards and water polo caps should be considered for full contact games. • If using electrical equipment, check that connections are safe. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Physical exertion <ul style="list-style-type: none"> • Strains and sprains • Cramps • Exhaustion and fatigue 	<ul style="list-style-type: none"> • Have appropriate warm-up and warm-down activities. • Continuously monitor students for signs of fatigue and exhaustion. • Follow progressive and sequential skills development. • Have ice packs available. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Students <ul style="list-style-type: none"> • Special needs • High risk behaviours • Medical conditions • Student numbers 	<ul style="list-style-type: none"> • Obtain parental permission, including relevant medical information. • When students with medical conditions are involved, ensure that relevant medical/emergency plans and medications are readily available (insulin, Ventolin®, EpiPen®, etc). • Refer to Individual education plan/Educational adjustment plan/Behaviour management plan and other student documents. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
	<ul style="list-style-type: none"> Where necessary, obtain advice from relevant advisory visiting teachers or specialist teachers. Ensure there is adequate adult supervision. 	<input type="checkbox"/>	<input type="checkbox"/>	
Water <ul style="list-style-type: none"> Risk of drowning Submersion 	<ul style="list-style-type: none"> Constantly monitor students. Adopt signals for assistance required. Ensure students are competent swimmers. 	<input type="checkbox"/>	<input type="checkbox"/>	

Additional control measures

These would relate to the specific student needs, location and conditions in which you are conducting your activity.

Hazards/Risks	Control Measures

Submitted by:	Date:
List the names of those who were involved in the preparation of this risk assessment.	

Approval	
<input type="checkbox"/>	Approved as submitted:
<input type="checkbox"/>	Approved with the following condition(s):
<input type="checkbox"/>	Not approved for the following reason(s):
By:	Designation:
Signed:	Date:
Once approved, activity details should be entered into the <i>School Curriculum Activity Register</i> by administrative staff.	Reference no.

Monitor and review <i>To be completed during and/or after the activity and/or at the completion of the series of activities.</i>	Yes	No
Are the control measures still effective?	<input type="checkbox"/>	<input type="checkbox"/>
Have there been any changes?	<input type="checkbox"/>	<input type="checkbox"/>
Are further actions required?	<input type="checkbox"/>	<input type="checkbox"/>
Details:		

Important links

- HLS-PR-003: First Aid
<http://education.qld.gov.au/strategic/epr/health/hlspr003/>
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions
<http://education.qld.gov.au/strategic/epr/health/hlspr004/>
- Infection Control Guideline:
http://education.qld.gov.au/health/pdfs/healthsafety/infection_control_guideline.pdf
- HLS-PR-005: Health and Safety incident recording, notification and management
<http://education.qld.gov.au/strategic/epr/health/hlspr005/>
- HLS-PR-006: Managing risks with chemicals in Department of Education and Training (DET) workplaces
<http://education.qld.gov.au/strategic/epr/health/hlspr006/index1.html>
- HLS-PR-013: Developing a Sun Safety Strategy
<http://education.qld.gov.au/strategic/epr/health/hlspr013/>
- HRM-PR-010: Working with Children Check – Blue Cards
<http://education.qld.gov.au/strategic/epr/hr/hrmpr010/>
- SCM-PR-002: School Excursions
<http://education.qld.gov.au/strategic/epr/schools/scmpr002/>
- Australian Water Polo Inc
<http://www.australianwaterpolo.com.au/index.php>
- FINA
<http://www.fina.org>
- FINA water polo rules
http://www.fina.org/H2O/index.php?option=com_content&view=category&id=85&Itemid=184
- Get Active Queensland
<http://www.communities.qld.gov.au/sportrec/community-programs/education-and-training/get-active-queensland-accreditation-program/course-information>
- Queensland School Sport Unit
<http://www.learningplace.com.au/en/queenslandschoolsport>
- Royal Life Saving Society Australia – Bronze Medallion
http://www.royallifesaving.com.au/resources/documents/No._20_Bronze_Medallion_-_2010.pdf
- Training.gov.au (TGA)
<http://training.gov.au/>
- Water Polo Queensland
<http://www.waterpoloqld.com.au/>

Further information

For further information on incorporating risk management strategies into curriculum activity planning, refer to [HLS-PR-012: Managing Risks in School Curriculum Activities](#) and the associated list of [Curriculum Activity Risk Management Guidelines](#).

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.