

Video transcript

How often should my child read at home?

Daily reading at home is one of the best ways to ensure your child continues to learn. The more reading your child does, the further he or she will develop as a reader and a learner.

When learning at home, you can support your child's reading by setting aside time in the day for sustained reading. Sustained reading at home means your child is engaged in reading a text for a period of time. This may involve you reading aloud to your child, sharing the reading with your child or, where appropriate, allowing your child to read independently.

As a guide, children in Prep to Year 2 are expected to engage with a book for a period of about 10 minutes at a time. This could include listening to a story whilst following along in the book, reading a story together or discussing the pictures and retelling the story.

As children become more skilled, they are able to sustain their attention to reading for a longer period of time. Children in Years 3 to 5 should aim to read for about 20 to 30 minutes at a time. This could include reading with an adult or reading independently.

From Year 6, you would typically expect children to read independently for a period of 30 minutes or more. Older children could support reading at home by reading to their siblings for the recommended periods of time.

If your child is interested in and enjoying what he or she is reading, it is great to encourage more reading across the day. Most importantly, support your child's learning by setting aside some time each day for your child to read.

