My name is Coronavirus

But you can call me COVID-19
I’m travelling the world right now
You might have heard of me

Breaking news ... COVID-19, Going viral
I’m a virus

Some of my friends are the common cold and flu
If you catch me
I can make you feel like this

dry cough
hard to breathe
fever
I’ll be off now

But I don’t last long
And most kids get better quickly
Learn how
You can help slow me spreading
Regularly wash your hands with soap and water for 20 seconds
Don’t get too close to other people including your friends
Cover your coughs and sneezes with a tissue or your elbow
If you feel sick, tell your parents straight away!
If you’re worried about me, that’s OK

Talk to your parents, carer or family
Make sure to follow instructions
And we’ll get through this together

Doctors are working hard to slow me down