

# Ride safe on your quad bike

## Being safe is easy:



Wear a helmet – what else will protect you if you have an accident? Wear goggles, boots and clothing to cover your arms and legs.



Before you head off for a ride, tell someone where you are going and when you'll be back just in case you get lost or have an accident.



Only ride a kid-sized quad bike – an adult bike can weigh a huge 350 kilograms and is harder to control.



Don't carry passengers on your quad bike – it's harder to control the bike and you could crash.



Stick to the paths and tracks you know and slow down on rough or uneven ground.

Get some training to make you a safer rider – ask your parents to sign you up.



Colour in the safe quad bike rider and stick it on your fridge.



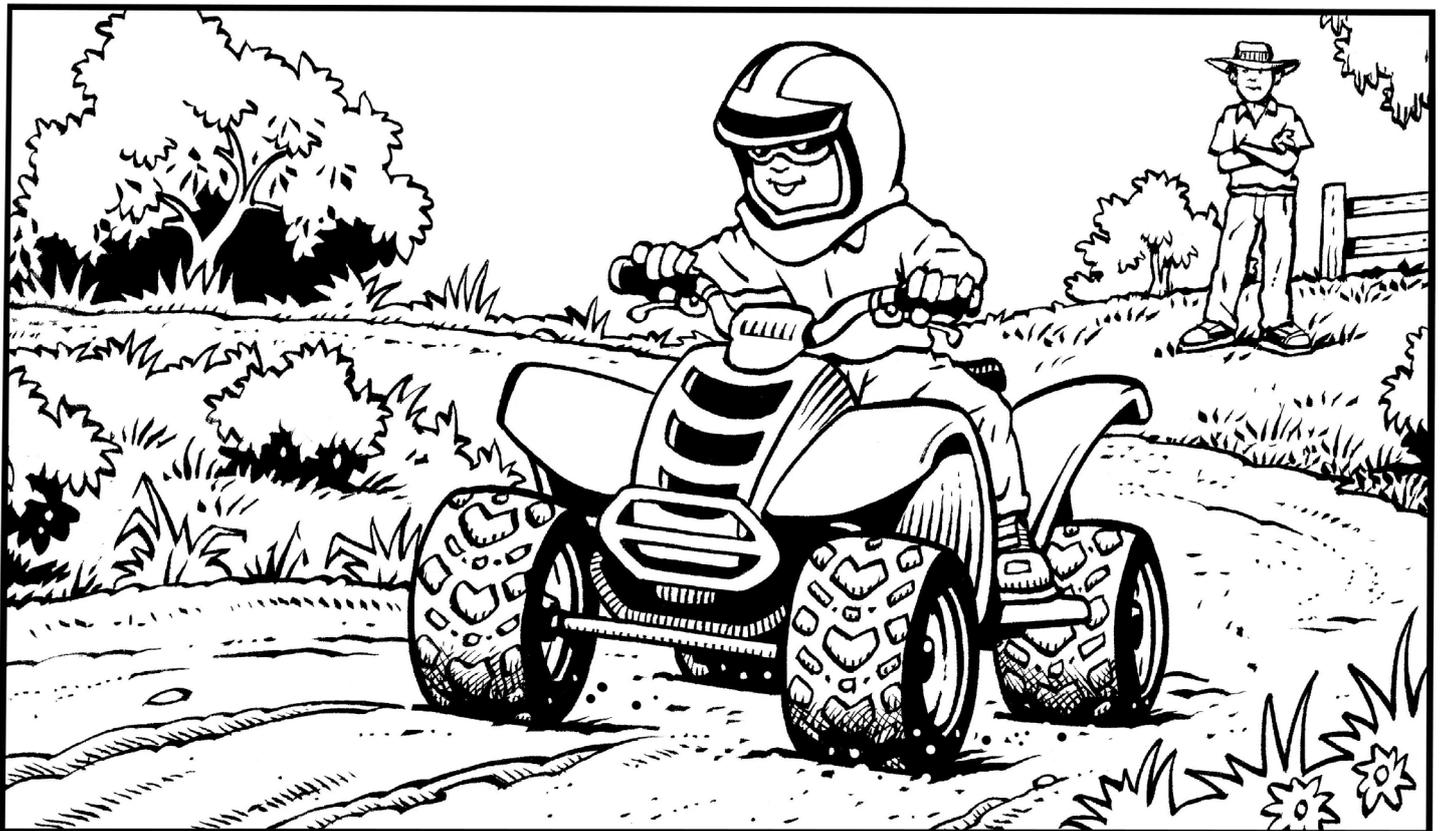
## Information for parents



There have been 69 quad bike-related deaths in Queensland between 2001 and 2015 – approximately one in five were children under the age of 16.



Never let a child under 16 use an adult bike, carry passengers or ride without a helmet. Get them some training so they can ride confidently and responsibly.



# Quad bike safety