

## Queensland school communities acknowledge tuckshop workers

The thousands of tireless tuckshop workers in Queensland schools are unsung heroes, so on the first Friday in November each year they get a collective pat on the back during Tuckshop Day.

Sometimes we forget to notice the important contribution tuckshop workers make to the everyday operation of schools. Tuckshop Day is the day to promote your school tuckshop and say thanks to the workers for their hard work.

## Thanking our volunteers

On the first Friday in November each year schools are encouraged to develop innovative ways to officially acknowledge and thank their tuckshop convenors and volunteers for the valuable role they play in daily school life. Tuckshop workers could be recognised on school assembly, at a special morning tea or with an official Tuckshop Day thank you certificate available on the <a href="Tuckshop Day web">Tuckshop Day web</a> <a href="Dayse">Dage</a>. The website also has other ideas and activities to recognise and promote your school tuckshop.

## Become a school volunteer

Family members like grandparents as well as local residents are welcome volunteers in schools and especially school tuckshops. The old saying "many hands make light work" is never truer than in school tuckshops. Volunteers don't have to spend a whole day at the tuckshop. Parents or members of the wider community can make a real contribution by volunteering for as little as an hour. Some schools also have opportunities to help out with tuckshop activities such as stamping bags and packaging items out of school hours. You just need to ask.

For more information about volunteering opportunities in schools visit your local school's website or the Volunteering Queensland web site at www.volunteeringqld.org.au

All tuckshop volunteers, other than parents, are required to have a Working with Children Blue Card to ensure the safety of students. People wishing to volunteer in their local school tuckshops should apply as soon as possible as the Blue Card process may take up to eight weeks.

## Smart healthy food and drink choices

The Queensland Government places great importance on providing healthy food and drinks in schools through the Smart Choices – Healthy Food and Drink Supply Strategy for Queensland Schools.

The Smart Choices strategy supports school tuckshops to offer healthy food and drink choices. Tuckshop workers use the ideas in the strategy to promote healthy eating as a way of maintaining good health. A nutritious diet ensures students' 'fuel' supplies are topped-up during the day which supports schools' social and learning objectives.

To view the full *Smart Choices* strategy, related fact sheets and other resources, visit the *Smart Choices* web page.



