

The 'Occasional' (RED) food and drink criteria tables

NOTE: All drinks other than plain water, milk (plain and flavoured) and at least 99% fruit or vegetable juice (non-carbonated) are classified as RED and their supply limited to no more than two occasions per term.

The *Savoury snack foods and biscuits* category does not apply to chips and similar snacks as all chips and similar snacks are classified at RED and their supply limited to no more than two occasions per term.

The *Cakes, muffins and sweet pastries* category does not apply to products with sweet fillings, icings, cream and added confectionery as these are classified as RED and their supply limited to no more than two occasions per term.

Hot food items assessed per 100 g			
Category	Nutrient Criteria		
Food or drink	Energy (kilojoules) per 100 g	Saturated Fat (g) per 100 g	Sodium (mg) per 100 g
Savoury pastries, pasta, pizzas, oven-baked potato products	>1000 kJ	>5 g	>400 mg
Crumbed and coated foods, frankfurters, sausages	>1000 kJ	>5 g	>700 mg

Key: > means more than, < means less than.

Snack foods and drinks assessed per serving				
Category	Nutrient Criteria			
Food or drink	Energy (kilojoules) per serving	Saturated Fat (g) per serving	Sodium (mg) per serving	Fibre (g) per serving
Ices and ice confection	>300 kJ		>100 mg	
Snack food bars and sweet biscuits	>600 kJ	>3 g		<1.0 g
Savoury snack foods and biscuits	>600 kJ	>3 g	>200 mg	
Ice creams and dairy desserts	>600 kJ	>3 g		
Cakes, muffins and sweet pastries etc.	>900 kJ	>3 g		<1.5 g

Key: > means more than, < means less than.

