

# Getting started for children with physical impairment

Here are some ideas to help you set up a learning space at home and to get started.



## 1. Make a quiet space where your child can do their work at home

Find a place for learning where your child can sit comfortably at a table or a desk with their feet touching the floor to help them feel stable. Ensure that they are seated back in their chair, close to their desk with their hips, knees and ankles are at 90 degrees and feet flat on the floor. Eliminate distracting noises when your child is learning.



## 2. Encourage your child to use their aids/resources/assistive technology

These resources include pencil grips, alternative pencils, slope board, footrest, non-slip mat, specialised scissors and accessibility options on their tablet or laptop computer. Discuss with your teacher what current specialised equipment your child is using at school.



## 3. Keep learning tools organised and in their own designated places

Help your child to organise the materials needed to complete schoolwork at the place where they will do their learning. Keep workspaces clear, allowing frequently used items to be accessible at all times, to reduce the need to constantly look for these items.



## 4. Scribing for your child

There may be times when you have to help write out something for your child due to fatigue or due to other circumstances. Be sure to write or type exactly what your child dictates to you. Do not correct their grammar, punctuation or spelling or add additional text. It is important that their teacher sees their work—not your corrected version.



## 5. Fatigue

If your child needs to do their work in shorter blocks of time due to fatigue, incorporate rest breaks, food breaks, movement breaks and quiet activities into their daily schedule.

